



		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
 EYFS	Think Equal Scheme of Work alongside Jigsaw						
	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me RSE	
	In this Puzzle (unit), the children learn about how they have similarities and differences from their friends and how that is OK. They begin by working on recognising and managing and naming their feelings. The children learn about working with others and why it is good to be kind and use gentle hands. They discuss children's	In this Puzzle (unit), children are encouraged to think about things that they are good at whilst understanding that everyone is good at different things. They discuss being different and how that makes everyone special but also recognise that we are the same in many ways. The children share their	In this Puzzle, the children consider challenges and facing up to them. They discuss not giving up and trying until they have achieved their goal. The children are encouraged to think about jobs that they might like to have when they are older and are taught to associate what they learn now with being able to have the job they	In this Puzzle, children learn about their bodies: the names of some key parts as well as how to stay healthy. They talk about food and that some foods are healthier than others. They discuss the importance of sleep and what they can do to help themselves get to sleep. They talk about hand washing and why it is important. The	Children are introduced to the key relationships in their lives. They learn about families and the different roles people can have in a family. They explore the friendships they have and what makes a good friend. They are introduced to simple strategies they can use to mend friendships. The children also practise Jigsaw's Calm Me and how	Children are encouraged to think about how they have changed from being a baby and what may change for them in the future. They consolidate the names and functions of some of the main parts of the body and discuss how these have changed. They learn that our bodies change in lots of different ways as we get older. Children	

	rights, especially linked to the right to learn and the right to play. The children learn what it means to be responsible.	experiences of their homes and are asked to explain why it is special to them.	want. They also talk about achieving goals and the feelings linked to this	class also discuss safe adults and what they should do if approached by someone they don't know.	they can use this when feeling upset or angry.	understand that change can bring about positive and negative feelings, and that sharing these can help. They also consider the role that memories can have in managing change.
Enrichment/ Trip opportunities		Fire service visit		Dentist Visit Police visit		
Careers Alignment	Teacher <i>Typical UK Pathway</i> - GCSEs - A Levels or equivalent qualifications - University degree in Education or a subject specialism - Teacher training	Chef <i>Typical UK Pathway</i> - GCSEs - College course in Catering or Professional Cookery - Apprenticeship or workplace training in a kitchen	Firefighter <i>Typical UK Pathway</i> - GCSEs - College course, apprenticeship - Apply to join a Fire and Rescue Service	Dentist <i>Typical UK Pathway</i> - GCSEs - A Levels - University Dental Degree (Bachelor of Dental Surgery – BDS)	Nurse <i>Typical UK Pathway</i> - GCSEs - A Levels, T Levels, BTEC - University Nursing Degree (BSc Nursing)	Health Visitor <i>Typical UK Pathway</i> - GCSEs - A Levels, T Levels, BTEC - University Nursing Degree (BSc Nursing) or Midwifery Degree - Register with the Nursing and

						Midwifery Council (NMC)
Year 1	In this Puzzle, children are introduced to their Jigsaw Journals and explore what helps them feel special, safe and calm in their class. They learn what it means to belong and understand their rights and responsibilities as class members. By the end of the Puzzle, children understand their role in creating a positive, respectful and safe school community, with the Learning Charter as the shared outcome.	In this Puzzle, children explore how people can be similar and different, reflecting on their own similarities and differences while learning to include others, use kind words and recognise what makes them special. They develop an understanding of what bullying is, how it can make people feel, and who they can talk to if they need help. By the end of the Puzzle, children will	In this Puzzle, children explore what success means to them, learn how to set simple goals and recognise their own strengths. They practise breaking goals into steps, trying new challenges and understanding how learning can feel “stretchy”, with challenge as a sign our brains are growing. By the end of the Puzzle, children will have created stretchy learning flowers and dream wellies that they can contribute to	In this Puzzle, children learn what it means to be healthy, exploring food, exercise, sleep and everyday choices that help their bodies and minds. They develop understanding of hygiene, germs and how to keep clean and safe at home. They reflect on how healthy choices can make them feel good about themselves. Pupils share their ideas about how to keep clean and healthy in the whole school	In this Puzzle, children explore families, friendships and what it means to belong and help others feel included. They learn how to make friends, solve problems and when to seek help or support. By the end of the Puzzle, children celebrate people who are special to them, creating a Relationship Fiesta, contributing their balloons and labels from Piece 6	In this Puzzle, children learn about life cycles and the changes that happen as humans and animals grow. They reflect on how their own bodies have changed and develop understanding that everyone grows at different rates. At the end of the Puzzle, children contribute their flowers of change work to the whole school Tree of Change display, celebrating growth, learning and new beginnings.

		have created gingerbread people to contribute to a shared Hall of Fame display, recognising that everyone is unique and valued.	the whole school Garden of Dreams and Goals, celebrating effort, resilience and confidence.	Happy, Healthy Me Recipe Book.		
Enrichment/ Trip opportunities				NSPCC Speak Out Campaign		
Careers Alignment	Social Worker <i>Typical UK Pathway</i> 1. GCSEs 2. A Levels, T Levels, BTEC 3. University Degree in Social Work (BA/BSc)	School Nurse <i>Typical UK Pathway</i> 1. GCSEs 2. A Levels, T Levels, BTEC 3. University Nursing Degree (BSc Nursing)	<i>Typical UK Pathway</i> 1. GCSEs 2. College course in Art, Design, Graphics or Creative Subjects 3. University Degree in Art, Design, Illustration, Fashion, Animation	Microbiologist <i>Typical UK Pathway</i> 1. GCSEs 2. A Levels or equivalent qualifications 3. University Degree in Microbiology, Biomedical Science or Biological Sciences	Teaching Assistant <i>Typical UK Pathway</i> 1. GCSEs 2. College course in Childcare, Education or Supporting Teaching and Learning 3. Teaching Assistant Apprenticeship or Level 2/3 Supporting	Veterinary Surgeon <i>Typical UK Pathway</i> 1. GCSEs 2. A Levels or equivalent qualifications 3. University Degree in Veterinary Medicine (e.g. BVSc/BVetMed)

					Teaching and Learning qualification	
Year 2	In this Puzzle, children reflect on their hopes and fears for the year and learn how to recognise feelings of worry and seek help. They explore belonging in their class and school community, developing an understanding of rights and responsibilities and making positive contributions. By the end of the Puzzle, children understand their role in creating a positive school community, with the whole-school	In this Puzzle, children explore similarities and differences, learning how assumptions and stereotypes can form and why it is important to treat others with courtesy and respect. They develop an understanding of why bullying can happen, how it makes people feel, and how to seek help. By the end of the Puzzle, children celebrate what makes everyone unique by creating	In this Puzzle, children learn how to set realistic goals, recognise their strengths and reflect on achievements. They explore how healthy choices, motivation and perseverance help them succeed and consider how working with others can support learning. By the end of the Puzzle, children create a shared Garden of Dreams and Goals with Dream Birds, celebrating effort, cooperation and achievement.	In this Puzzle, children learn about healthy eating, balanced diets and making healthier food choices, including nutritious foods. They explore how to keep safe at home and outside, learning to recognise risks and hazards, and how to respond when something feels unsafe. By the end of the Puzzle, children are able to share ideas for the whole school Happy, Healthy Me Recipe Book, celebrating practical ways to	In this Puzzle, children explore different types of families and learn why cooperation and care are important in relationships. They develop understanding about safe and unsafe physical contact and practise expressing what feels comfortable to them. By the end of the Puzzle, children celebrate special people in their lives by sharing their compliment bunting to the a	In this Puzzle, children explore life cycles in nature and how humans grow from young to old, learning that some changes are outside their control. They reflect on how their own bodies and independence change over time and develop respect for differences in themselves and others. By the end of the Puzzle, children create Leaf Mobiles to celebrate growth and looking ahead.

	Learning Charter as the shared outcome.	a shared Trophy of Celebration display.		stay healthy and safe every day.	Relationship Fiesta Puzzle Outcome.	
Enrichment/ Trip opportunities				NSPCC Speak Out Campaign		
Careers Alignment	Police Officer <i>Typical UK Pathway</i> 1. GCSEs 2. A Levels, T Levels, BTEC, apprenticeship 3. Apply to join a Police Force	Pilot <i>Typical UK Pathway</i> 1. GCSEs 2. A Levels 3. Complete flight training 4. Gain flying hours 5. Obtain a Commercial Pilot Licence (CPL)	Astronaut <i>Typical UK Pathway</i> 1. GCSEs 2. A Levels 3. University Degree in a STEM subject 4. Gain professional experience in a specialist field	Dietitian <i>Typical UK Pathway</i> 1. GCSEs 2. A Levels or equivalent qualifications 3. University Degree in Dietetics (BSc Dietetics)	Cybersecurity Specialist <i>Typical UK Pathway</i> 1. GCSEs 2. A Levels, T Levels, BTEC 3. University Degree in Cyber Security, Computer Science	Occupational Therapist <i>Typical UK Pathway</i> 1. GCSEs 2. A Levels, T Levels, BTEC 3. University Degree in Occupational Therapy (BSc Occupational Therapy)
Year 3	In this Puzzle, children reflect on their worth and achievements, set personal goals, and learn how to make	In this Puzzle, children explore different types of families and why they are important, learning how to	In this Puzzle, children explore people who have overcome challenges and reflect on their	In this Puzzle, children learn how exercise and food affect their bodies, exploring energy, fitness and making	In this Puzzle, children explore family roles and responsibilities and develop skills for building positive	In this Puzzle, children learn how babies grow and explore the physical changes that happen to

	others feel welcome. They explore emotions linked to worries and fears and think about what helps a school feel safe and supportive. By the end of the Puzzle, children recognise how their actions impact others, consider different viewpoints, and take responsibility for following the whole-school Learning Charter.	manage disagreements calmly and solve problems together. They develop an understanding of what it means to be a witness to bullying and how their actions and words may help or harm others. By the end of the Puzzle, children create a shared Hall of Fame display using kite templates, celebrating difference and positive relationships.	own dreams and ambitions. They consider how goals, motivation and a positive attitude support success, and learn to respect differences and build self-esteem. By the end of the Puzzle, children will have contributed their garden designs to the shared Garden of Dreams and Goals, celebrating learning, resilience and achievement.	balanced choices. They consider attitudes towards drugs and reflect on how these make them feel. They practise identifying safe and unsafe situations, managing worried feelings and taking responsibility for their own safety and the safety of others. By the end of the Puzzle, children are able to contribute their ideas on how to keep safe to the whole school Healthy Me Recipe Book.	friendships, including solving conflicts and negotiating fairly. They start to learn how to stay safe online and think critically about information they see through the media and digital platforms. By the end of the Puzzle, children celebrate their web of relationships by creating Appreciation Streamers, recognising the importance of respect, kindness and belonging in family and friendship groups.	bodies as people grow up, including some inside and outside changes linked to puberty. They develop understanding of personal hygiene and why caring for their bodies becomes more important as they grow and change. By the end of the Puzzle, children create Ribbon Mobiles to celebrate growth and looking ahead.
Enrichment/ Trip opportunities				NSPCC Speak Out Campaign		

Careers Alignment	Events Coordinator Typical UK Pathway 1. GCSEs 2. A Levels, T Levels, BTEC or equivalent qualifications 3. College course or University Degree in Event Management, Hospitality, Business or Marketing	Mediator Typical UK Pathway 1. GCSEs 2. A Levels, T Levels, BTEC or equivalent qualifications 3. University Degree in a related subject	Paramedic Typical UK Pathway 1. GCSEs 2. A Levels, T Levels, BTEC or equivalent qualifications 3. University Degree in Paramedic Science (BSc)	Personal Trainer Typical UK Pathway 1. GCSEs 2. College course, apprenticeship or qualification in Sport, Fitness or Health 3. Complete a recognised Personal Training qualification	Counsellor Typical UK Pathway 1. GCSEs 2. A Levels, T Levels, BTEC or equivalent qualifications 3. University Degree in Counselling, Psychology or a related subject 4. Complete professional counselling training	Paediatrician Typical UK Pathway 1. GCSEs 2. A Levels or equivalent qualifications 3. University Medical Degree (MBBS/MBChB) 4. Foundation Doctor Training 5. Specialist Paediatric Training
Year 4	In this Puzzle, children explore what it means to be part of a class team, reflecting on inclusion, friendship and how their actions affect	In this Puzzle, children explore how first impressions and appearance can influence assumptions, learning to accept	In this Puzzle, children explore their hopes and dreams and learn how feelings such as excitement, anxiety and disappointment can	In this Puzzle, children explore friendships, group dynamics and the emotions linked to belonging, trust and feeling left out. They consider	In this Puzzle, children explore feelings such as jealousy, love and loss, and learn how memories can help us stay connected to people we no	In this Puzzle, children explore identity and what makes them unique while learning about physical and emotional changes linked to puberty,

	others. They learn about roles in school and how to contribute to their community. By the end of the Puzzle, children understand how responsible choices and participation benefit their school community, with the Learning Charter as the shared outcome.	others for who they are and question their own judgements. They develop a deeper understanding of bullying, including the roles of bystanders and witnesses, and practice how to seek help and solve problems safely. Protected characteristics are introduced including age, disability, race and sex. By the end of the Puzzle, children create a shared Hall of Fame display using photo frames, celebrating individuality and inclusion.	accompany them. They develop resilience by reflecting on setbacks, coping strategies and how support from others can help them move forward. By the end of the Puzzle, children celebrate shared achievements by sharing their Potato people to the Garden of Dreams and Goals, recognising effort, wellbeing and teamwork.	how peer influence can affect choices and learn ways to stay safe with friends, including near railways. By the end of the Puzzle, children celebrate their inner strength and assertiveness and share their ideas in the Happy, Healthy Me Recipe Book about healthy friendships.	longer see. They develop strategies for managing difficult emotions and supporting others through change. By the end of the Puzzle, children celebrate relationships with people and animals through a Memory Box outcome, recognising care, appreciation and connection.	including menstruation. They consider the role of families, trusted adults, and inner circles in providing care and support. By the end of the Puzzle, children use Circles of Change to think about future transitions and celebrate growth and resilience.
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Enrichment/ Trip opportunities						
Careers Alignment	Charity Worker <i>Typical UK Pathway</i> 1. GCSEs 2. A Levels, T Levels, BTEC 3. College course or University Degree in a related subject	Lawyer <i>Typical UK Pathway</i> 1. GCSEs 2. A Levels or equivalent qualification s 3. University Law Degree (LLB) 4. Complete professional legal training:	Software Developer <i>Typical UK Pathway</i> 1. GCSEs 2. A Levels, T Levels, BTEC or equivalent qualification s 3. University Degree in Computer Science, Software Engineering	Rail Safety Officer <i>Typical UK Pathway</i> 1. GCSEs 2. A Levels, T Levels, BTEC or equivalent qualification s 3. Complete relevant railway safety training and qualification s	Digital Content Manager <i>Typical UK Pathway</i> 1. GCSEs 2. A Levels, T Levels, BTEC or equivalent qualification s 3. University Degree or college course in Digital Media, Marketing, Communicati ons, Journalism	GP (General Practitioner) <i>Typical UK Pathway</i> 1. GCSEs 2. A Levels or equivalent qualification 3. University Medical Degree (MBBS/MBCh B) 4. Foundation Doctor Training 5. General Practice Specialty Training

Year 5	In this Puzzle, children look ahead to the year, setting personal goals and reflecting on what they value about their school community. They explore leadership, motivation and how to approach challenges positively. Children examine how rewards and consequences influence behaviour and work together to create and follow their Learning Charter, focusing on cooperation and having a voice. By the end of the Puzzle, children understand how	In this Puzzle, children explore cultural similarities and differences, reflect on their own identities, and consider how assumptions and stereotypes can lead to conflict. They develop an understanding of racism, discrimination and different forms of bullying, including rumours, name-calling and cyberbullying. By the end of the Puzzle, children will be able to contribute their culture class work to the whole school Hall of Fame display, celebrating diversity and	In this Puzzle, children explore the lifestyles they hope for as adults and consider how money, careers and personal values can shape future choices. They investigate different jobs, think critically about information online and reflect on how goals can change over time. Puzzle, children work together to rally support for shared causes and share these ideas, developing motivation, empathy and responsibility within the Garden of Dreams and Goals whole school puzzle outcome.	In this Puzzle, children learn about the health risks linked to smoking, vaping and alcohol, and practise making informed, pressure-resistant choices. They develop basic emergency aid skills, including how to stay calm and get help. By the end of the Puzzle, children contribute to the Happy, Healthy Me Recipe Book focusing on positive body image.	In this Puzzle, children build a strong sense of self by reflecting on their qualities, interests and self-esteem. They explore how relationships form online and consider both the benefits and risks of digital communities. They practise being responsible, respectful and assertive online, and learn how to seek help when worried. By the end of the Puzzle, children create an Internet Safety poster, showing how to stay happy, safe and respectful when using	In this Puzzle, children explore self-image and body confidence while learning about physical and emotional changes during puberty for girls and boys. They develop understanding of menstruation, male puberty, and how media influences perceptions of appearance and wellbeing. This Puzzle includes one non-statutory sex education lesson where children learn about conception, fertility support, and how babies are made. Across the six Pieces, pupils practise identifying
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	democracy and shared expectations support a positive school community, with the whole-school Learning Charter as the shared outcome.	fairness across the world.			technology in relationships.	trusted adults and reliable sources of information, alongside discussing responsibilities linked to growing up. By the end of the Puzzle, children reflect on upcoming transitions using Circles of Change and consider how to manage feelings about future changes with confidence and resilience.
Enrichment/ Trip opportunities				Greater Manchester Fire and Rescue Talk – Water Safety		
Careers Alignment	Civil Servant Typical UK Pathway 1. GCSEs	Journalist Typical UK Pathway 1. GCSEs	Entrepreneur Typical UK Pathway 1. GCSEs	Pharmacist Typical UK Pathway	Mental Health Practitioner	Psychologist Typical UK Pathway

	2. A Levels, T Levels, BTEC 3. University Degree in a related subject	2. A Levels, T Levels, BTEC 3. University Degree in Journalism, Media, English	2. A Levels, T Levels, BTEC or equivalent qualifications 3. College course or University Degree in Business, 4. Develop a business idea, gain experience	1. GCSEs 2. A Levels or equivalent qualifications 3. University Degree in Pharmacy 4. Complete a one-year foundation training placement	<i>Typical UK Pathway</i> 1. GCSEs (2. A Levels, T Levels, BTEC or equivalent qualifications 3. University Degree in Psychology, Mental Health Nursing, Social Work	1. GCSEs 2. A Levels or equivalent qualifications 3. University Degree in Psychology (BSc) 4. Complete further specialist training depending on the career route:
Year 6	In this Puzzle, children reflect on the year ahead, identifying goals, worries and fears and exploring how to feel welcome and valued. Children then explore how rights, responsibilities,	In this Puzzle, children explore what “normal” can mean and develop empathy for people who are different. They examine prejudice, discrimination and protected characteristics, reflecting on their	In this Puzzle, children set ambitious but realistic personal learning goals and identify steps to success, reflecting on motivation, strengths and perseverance. They explore global issues that	In this Puzzle, children learn to take responsibility for their physical and emotional wellbeing, exploring how choices, prevention and healthy habits support long-term health. They develop	In this Puzzle, children explore mental health, learning how to recognise stress, anxiety and early warning signs, and how to seek support for themselves and others. They examine love and	In this Puzzle, children explore self-image and self-esteem while learning about physical and emotional changes during puberty. They practise challenging negative self-talk and identifying

	rewards and consequences connect to the Learning Charter, working collaboratively to agree shared expectations and safe behaviour. By the end of the Puzzle, children understand how democracy and modelling positive choices support a strong school community, with the whole-school Learning Charter as the shared outcome	own attitudes and the importance of equality and respect. At the end of the Puzzle, children's admiration accolades can contribute to the a shared Hall of Fame display that values diversity, empathy and inclusion.	matter to them and consider how these affect people's lives. By the end of the Puzzle, children recognise their own and others' achievements in their shared planning for a school event and share this work in , the shared Garden of Dreams and Goals outcome.	understanding of different types of drugs and their effects and discuss safer ways to cope with life's challenges. By the end of the Puzzle, children create a Healthy Body, Healthy Mind outcome for the Healthy Me Recipe Book Puzzle Outcome, celebrating resilience	loss, understanding grief and developing strategies for managing strong emotions. By the end of the Puzzle, children create an Internet Safety presentation, showing how to use technology responsibly while protecting wellbeing, privacy and relationships.	trusted adults for support, alongside discussing attraction, consent, and respectful relationships. This Puzzle includes a non-statutory sex education lesson where develop understanding of reproduction, pregnancy, and birth. By the end of the Puzzle, children consider the transition to secondary school, using Circles of Change to reflect on worries, hopes, and how to prepare confidently for the year ahead.
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Enrichment/ Trip opportunities	Crucial Crew experience Pupil leadership opportunities Vaping Talk			Greater Manchester Fire and Rescue Talk – Water Safety		
Careers Alignment	Member of Parliament (MP) / Councillor <i>Typical UK Pathway</i> 1. GCSEs 2. A Levels, T Levels, BTEC or equivalent qualification s 3. University Degree in a related subject	Human Rights Lawyer <i>Typical UK Pathway</i> 1. GCSEs 2. A Levels or equivalent qualification s 3. University Law Degree (LLB)	Business Leader <i>Typical UK Pathway</i> 1. GCSEs 2. A Levels, T Levels, BTEC or equivalent qualification s 3. University Degree in Business, Management , Economics or a related subject	Medical Researcher <i>Typical UK Pathway</i> 1. GCSEs 2. A Levels or equivalent qualification s 3. University Degree in a Science or Healthcare subject, such as: Biomedical Science Medicine Biology Biochemistry 4. Complete further research training (e.g.	Adolescent Health Professional <i>Typical UK Pathway</i> 1. GCSEs 2. A Levels, T Levels, BTEC or equivalent qualification s 3. University Degree or professional training in a related are	Pastoral / Transition Lead <i>Typical UK Pathway</i> 1. GCSEs 2. A Levels, T Levels, BTEC or equivalent qualification s 3. Gain experience working with children and young people

				Master's Degree or PhD)		
Whole School Events	Harvest World Mental Health Day Macmillan Coffee Morning	Anti-Bullying Week Odd Socks Day Road Safety Week Children in Need Fundraiser Festive Jumper Day	Children's Mental Health Week Safer Internet Day	Comic Relief Fundraiser	NSPCC Speak out Stay Safe Big Walk and Wheel Week	Bikeability