

# PSHE Intent

## Intent

At Park Road Academy Primary School PSHCE is at the core of what we do and enables our children to become independent, confident, healthy and responsible members of society, as well as developing the “whole child” intellectually, morally, socially and spiritually. Through our whole-school approach to PSHCE, it is our belief that excellence in these areas will lead to excellence across the curriculum and beyond in later life. PSHCE is taught across the school from Nursery - Year 6 on a weekly basis and as a school, we follow the Jigsaw PSHE scheme of work. Our PSHCE curriculum equips children with relevant and meaningful content, which is supported through a strong emphasis on emotional literacy, building resilience and nurturing mental and physical health. With an ever changing society, we are able to provide our children with a strong understanding of the diverse world around them and support them in playing a positive role in contributing to the school and the wider community.



# PSHE Implementation

## Implementation

Our whole curriculum is shaped by our school vision which aims to enable all children, regardless of background, ability, additional needs, to flourish and to become the very best version of themselves they can possibly be. It includes mindfulness to allow children to advance their emotional awareness, concentration and focus.

Jigsaw PSHE directs our aim on developing the “whole child” through a spiral curriculum approach to developing knowledge, skills and understanding . Jigsaw consists of six half-term units of work (Puzzles), each containing six lessons (Pieces) covering each academic year.

Term 1: Being Me in My World

Term 2: Celebrating Difference (including anti-bullying)

Term 3: Dreams and Goals

Term 4: Healthy Me

Term 5: Relationships

Term 6: Changing Me (including Sex Education)

It also identifies links to British Values, and SMSC and is taught in such a way as to reflect the overall aims, values, and ethos of the school.



# PSHE Implementation

## Wider Curriculum

We believe that focusing on developing a 'Growth Mindset' in our children will help them to build resilience, independence and confidence; embrace challenge; foster a love of learning; and increase their level of happiness. We do this through the language we use in class, praising children for their efforts, and using language to encourage children to change their way of thinking. This supports both our school and PSHE aims and values, and we focus on Growth Mindsets in all aspects of school life.

PSHE, including SMSC and British Values, is an integral part of the whole school curriculum, and is therefore often taught within other subject areas.

Visitors such as emergency services and the school nurse complement our PSHE curriculum to offer additional learning.

We encourage our pupils to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community. We challenge all of our pupils to look for opportunities to show the school values of Pride, Respect, Achievements, Performance and Success.

Assemblies are linked to PSHE, British Values and SMSC and cover any additional sessions that would benefit the whole school.

PSHE, British Values and SMSC displays throughout school reinforce the PSHE curriculum enabling children to make links.



# PSHE Impact

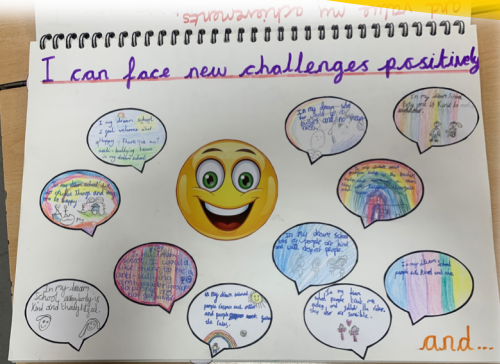
## Impact

By the time children leave our school they will:

Have a ready willingness and ability to try new things, push themselves and persevere. To have a good understanding of how to stay safe, healthy and develop good relationships. To have an appreciation of what it means to be a positive member of a diverse, multicultural society. To have a strong self-awareness, interlinked with compassion of others.



# PSHE



Take a look at some of our Jigsaw PSHE work...

